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# Stimulus control by 5-methoxy-N,N-dimethyltryptamine in wild-type and *CYP2D6*-humanized mice

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## ABSTRACT

In previous studies we have observed that, in comparison with wild type mice, *Tg-CYP2D6* mice have increased serum levels of bufotenine [5-hydroxy-N,N-dimethyltryptamine] following the administration of 5-MeO-DMT. Furthermore, following the injection of 5-MeO-DMT, harmaline was observed to increase serum levels of bufotenine and 5-MeO-DMT in both wild-type and *Tg-CYP2D6* mice. In the present investigation, 5-MeO-DMT-induced stimulus control was established in wild-type and *Tg-CYP2D6* mice. The two groups did not differ in their rate of acquisition of stimulus control. When tested with bufotenine, no 5-MeO-DMT-appropriate responding was observed. In contrast, the more lipid soluble analog of bufotenine, acetylbufotenine, was followed by an intermediate level of responding. The combination of harmaline with 5-MeO-DMT yielded a statistically significant increase in 5-MeO-DMT-appropriate responding in *Tg-CYP2D6* mice. It is concluded that wild-type and *Tg-CYP2D6* mice do not differ in terms of acquisition of stimulus control by 5-MeO-DMT or in their response to bufotenine and acetylbufotenine. In both groups of mice, harmaline was found to enhance the stimulus effects of 5-MeO-DMT.

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## 1. Introduction

Man's knowledge of plant sources of hallucinogens predates written history [Schultes and Hofmann, 1980]. However, it is only recently that chemical identification of the active principles of these botanicals became possible and pharmacological studies undertaken. The object of the present investigation. 5-methoxy-N.N-dimethyltryptamine [5-MeO-DMT], together with its close relative, N,N-dimethyltryptamine [DMT], accounts in large measure for the hallucinogenic effects of a variety of South American snuffs. However, 5-MeO-DMT is inactive when taken orally, presumably due to rapid first-pass deamination. Thus, the oral efficacy of preparations such as Ayahuasca is thought to be due to the presence of harmaline, a naturally-occurring inhibitor of mono amine oxidase [Gambelunghe et al., 2008; Shulgin and Shulgin, 1997]. Although Ayahuasca enjoys legal status both in the United States and South America for use by members of the O Centro Espirita Beneficenti Uniao do Vegetal [Gonzales, 2005], 5-MeO-DMT is included in schedule I of the Controlled Substances Act of the USA [Federal Register, 2010].

Our previous studies [Yu et al., 2003; 2004] using recombinant human cytochrome 450 isozymes demonstrated that the formation of bufotenine from 5-MeO-DMT is primarily catalyzed by the *CYP2D6* enzyme. In addition, we observed [Shen H-W et al., 2010a, 2010b] that *CYP2D6*-humanized [*Tg-CYP2D6*] mice have 60% higher bufotenine levels in serum than wild-type mice following the administration of 5-MeO-DMT. Furthermore, pretreatment with harmaline led to higher levels of both 5-MeO-DMT and bufotenine in wild-type and *Tg-CYP2D6* mice.

The study of psychoactive drugs in animals gives rise to questions of interpretation and extrapolation to the human condition. However, with the demonstration that the hallucinogens, LSD and mescaline, can function as discriminative stimuli in rats [Hirschhorn and Winter, 1971], it was suggested that drug-induced stimulus control in non-verbal species might provide insight into their mechanisms of action [Winter, 1974; for recent reviews, see Nichols, 2004; Fantegrossi et al., 2008; Winter, 2009]. It has previously been reported that 5-MeO-DMT can function as a discriminative stimulus in the rat [Glennon et al., 1981; Spencer et al., 1987; Winter et al., 2000] but we are aware of no previous studies of stimulus control by 5-MeO-DMT in mice.

The present investigation examined the acquisition of stimulus control by 5-MeO-DMT in both wild-type and *Tg-CYP2D6* mice and the potentiation of the stimulus effects of 5-MeO-DMT by harmaline. In

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addition, the hypothesis that 5-MeO-DMT acts via bufotenine as its active principle was tested.

#### 2. Methods

The behavioral methods employed in the present investigation are essentially as described previously [Winter et al., 2005; Krall et al., 2008].

#### 2.1. Subjects

Age-matched male wild-type FVB/N and *Tg-CYP2D6* mice [Corchero et al., 2001] were used in the study. Mice were housed in a temperaturecontrolled room under a constant 12:12 h light-dark cycle. All experiments were conducted during the light phase. Access to water was restricted to 20 min per day immediately after training and test sessions. Animals used in these studies were maintained in accordance with the U.S. Public Health Service Guide for the Care and Use of Laboratory Animals, 8th ed. All experimental protocols were approved by the Institutional Animal Care and Use Committee of the University at Buffalo.

#### 2.2. Discrimination training

Four small animal test chambers [MED Associates ENV-307W-CT] were used for all experiments. These were housed in larger lightproof, sound-insulated boxes which contained a house light and an exhaust fan. Chambers contained two snout-poke modules [MED Associates ENV-3BM] mounted at opposite ends of one wall. Centered between the operanda was a dipper which delivered 0.1 ml of water. Sessions were managed by a micro-computer using operant control software [MED-PC State Notation, Version IV]. Subjects were trained to discriminate 5-MeO-DMT from saline using a pretreatment time of 15 min and a dose of 0.3 mg/kg [subcutaneous injection] extrapolated from previous work in our laboratory with 5-MeO-DMT in the rat [Winter et al., 2000]. A fixed ratio 10 [FR10] schedule of reinforcement was employed. Drug-induced stimulus control was assumed to be present when, in five consecutive sessions, 83% or more of all responses prior to the delivery of the first reinforcer were on the appropriate lever.

## 2.3. Test procedures

These were as previously described [Krall et al., 2008; Winter et al., 2005]. Briefly stated, after stimulus control was established with the training agents, tests were conducted once per week in each animal so long as performance did not fall below the criterion level of 83% correct responding in any one of the previous three training sessions. Half of the test sessions were conducted the day after saline training sessions with the remainder following 5-MeO-DMT training sessions. During test sessions, no responses were reinforced and the session was terminated after the emission of ten responses on either manipulandum. The distribution of responses between the two manipulanda was expressed as a percentage of total responses emitted on the drug-appropriate manipulandum. Response rate was calculated for each session by dividing the total number of responses emitted on both manipulanda by the elapsed time prior to 10 responses on either manipulandum. Pretreatment times refer to the elapsed time between drug administration and testing, e.g., a 20 min pretreatment time for harmaline means that it was given 5 min before 5-MeO-DMT when the latter was given using its usual 15 min pretreatment time.

## 2.4. Drugs

All drugs were dissolved in 0.9% saline solution and injected subcutaneously in a volume of 3.0 ml/kg bodyweight. 5-MeO-DMT

and bufotenine were supplied by the National Institute on Drug Abuse [Rockville, MD, USA]. Acetylbufotenine was synthesized in our laboratories as previously described [Glennon et al., 1979].

#### 2.5. Statistical analysis

Behavioral data were assessed for statistical significance using individual applications of unpaired and paired Student's *t*-test and 1-way repeated measures analysis of variance [ANOVA] followed by pair-wise comparisons using the Holm–Sidak method. Differences were considered statistically significant if the probability of their having arisen by chance was <0.05. All analyses were conducted using SPSS for Windows [SPSS Inc.].

## 3. Results

#### 3.1. Acquisition of stimulus control in wild-type and Tg-CYP2D6 mice

Preliminary experiments determined that a dose of 5-MeO-DMT of 0.3 mg/kg did not alter response rates relative to control values. All mice then began training at that dose. Of the 6 WT mice trained, 5 reached criterion performance in a mean of 59 sessions [SE 4.3; range = 45–70]. The WT mouse which failed to reach criterion after 85 sessions was removed from the study. Response rates expressed as responses per minute in the mice reaching criterion were not significantly different following treatment with 5-MeO-DMT [mean = 54, SE 5.3] as compared with vehicle administration [mean = 52, SE 4.5]. Stimulus control in Tg-CYP2D6 mice was established in all 6 mice trained [52 sessions to criterion, SE 3.0; range = 42-60]. Mean response rates during acquisition in Tg-CYP2D6 mice were identical for the two treatment conditions [mean = 61, SE's V 4.1, 5-MeO-DMT 4.9]. Excluding the one wild-type mouse which failed to reach criterion, there was no statistically significant difference between wild-type and Tg-CYP2D6 mice in terms of sessions to criterion. Likewise, rates of responding were not significantly different in the wild-type and Tg-CYP2D6 mice for either treatment condition. Following acquisition of stimulus control, the dose-response relationship ED<sub>50</sub> values for 5-MeO-DMT were determined for each group of mice. The slopes of the regression lines were very similar and the  $ED_{50}$ s in the two groups were visually determined to be virtually identical at a dose of approximately 0.1 mg/kg.

## 3.2. Generalization to bufotenine and acetylbufotenine

The results of generalization tests to bufotenine and to acetylbufotenine in wild-type and *Tg-CYP2D6* mice are shown in Fig. 1. Following bufotenine, responding did not differ from the vehicle control. In contrast, visual inspection suggests a modest increase in 5-MeO-DMT-appropriate responding in both groups following a dose of 1.8 mg/kg of acetylbufotenine. However, our criteria for intermediate responding, i.e., significantly different from both training conditions, were achieved only in the *Tg-CYP2D6* mice [1-way RM ANOVA: *F*(5,2) = 22.888; *P*<0.001; pair wise comparisons: vehicle versus 1.8 mg/kg 5-MeO-DMT: *P*<0.05; TD versus 1.8 mg/kg 5-MeO-DMT: *P*<0.03]. In both groups, responding was suppressed at a dose of 3.0 mg/kg of either bufotenine or acetylbufotenine to a degree incompatible with behavioral testing.

3.3. Interactions with harmaline in wild-type mice and in Tg-CYP2D6 mice

Fig. 2A shows an orderly dose-related increase in 5-MeO-DMTappropriate responding in WT mice trained and tested with 5-MeO-DMT. When the same doses of 5-MeO-DMT were tested in mice pretreated with a fixed dose of harmaline [0.1 mg/kg administered



**Fig. 1.** Generalization of 5-MeO-DMT to bufotenine and acetylbufotenine in WT and *Tg*-*CYP2D6* mice. Tests of generalization of 5-MeO-DMT to bufotenine [WT: triangle; TG: circle] and acetylbufotenine [WT: square; TG: hexagon] in mice trained with 5-MeO-DMT [0.3 mg/kg, 15 min] as a discriminative stimulus. Each point represents the mean of one determination in each of 5 WT or 6 TG mice. The asterisk indicates a significant difference from both training conditions. Values given at the points labeled V and TD in the upper and lower panels are for the training conditions, vehicle and 0.3 mg/kg 5-MeO-DMT, respectively. The triangle and the circle refer to WT and TG mice, respectively. *Ordinate: upper panel*: percent 5-MeO-DMT-appropriate responding; *lower panel*: rate expressed as responses per minute. *Abscissa*: dose plotted on a log scale.

5 min before 5-MeO-DMT], 5-MeO-DMT-appropriate responding increased for all doses of 5-MeO-DMT less than the training dose. At a dose of 0.1 mg/kg 5-MeO-DMT, the combination with harmaline yielded 5-MeO-DMT-appropriate responding which was significantly greater than that following a dose of 0.1 mg/kg 5-MeO-DMT alone [paired *t*-test: P=0.047]. No other comparisons reached statistical significance. It should be noted that in WT mice a dose of harmaline of 0.1 mg/kg when given alone was followed by a mean of 29% 5-MeO-DMT-appropriate responding.

Fig. 2B shows an orderly dose-related increase in 5-MeO-DMTappropriate responding in Tg-CYP2D6 mice trained and tested with 5-MeO-DMT. When the same doses of 5-MeO-DMT were tested in mice pretreated with a fixed dose of harmaline [0.1 mg/kg administered 5 min before 5-MEO-DMT], 5-MeO-DMT-appropriate responding increased for all doses of 5-MeO-DMT less than the training dose. At a dose of 0.1 mg/kg 5-MeO-DMT, the combination with harmaline yielded 5-MeO-DMT-appropriate responding which was significantly greater than that following a dose of 0.1 mg/kg 5-MeO-DMT alone [paired *t*-test: *P*<0.001]. It should be noted that in *Tg*-*CYP2D6* mice a dose of harmaline of 0.1 mg/kg when given alone was followed by a mean of 43% 5-MeO-DMT-appropriate responding. This value met our criteria for intermediate responding [1-way RM ANOVA: F(5,2) =73,855; P<0.001; pair wise comparisons: vehicle versus 0.1 mg/kg harmaline: P<0.05; TD versus 0.1 mg/kg harmaline: P<0.03]. In both WT and TG mice, the combination of 5-MeO-DMT at a dose of 0.1 mg/ kg with harmaline at doses of 0.03 and 0.3 mg/kg resulted in no potentiation and suppression of responding, respectively. The data presented in Fig. 2A and B for the dose effect relationship for 5-MeO-

DMT permit the determination of the  $ED_{50}s$  for the drug in WT and TG mice. The slopes of the regression lines are very similar and the  $ED_{50}s$  in the two groups were visually determined to be virtually identical at a dose of approximately 0.1 mg/kg.

## 4. Discussion

The data obtained in training sessions indicate that 5-MeO-DMT at a dose of 0.3 mg/kg administered subcutaneously 15 min before training will establish stimulus control in both wild type and *Tg*-*CYP2D6* mice. The fact that the two groups appear to be equally sensitive to 5-MeO-DMT in terms of rate of responding is in keeping with our previous observation [Shen et al., 2010] that wild-type and *Tg*-*CYP2D6* mice do not differ in serum level of 5-MeO-DMT following IP administration of the drug.

The failure of bufotenine to mimic 5-MeO-DMT as seen in Fig. 1 is compatible with data previously obtained in the rat by Spencer et al. [1987]. Furthermore, bufotenine does not substitute for either LSD [Helsley et al., 1998] or psilocybin [Winter et al., 2007] in rats trained with the latter drugs. These results are plausibly explained on the basis of low lipid solubility [Gessner et al., 1968] with the consequence that only small amounts of bufotenine are found in rat brain following IV administration [Sanders and Bush, 1967]. Furthermore, the hypothermic effects of bufotenine are antagonized by xylamidine, a peripherally acting serotonergic antagonist [Winter, 1972].

The initial reports of hallucinogenic activity of bufotenine in man [Fabing, 1956; Fabing and Hawkins, 1956] were not replicated in a subsequent investigation [Turner and Merlis, 1959]. Indeed, the issue of bufotenine as a hallucinogen has remained a matter of controversy Shulgin and Shulgin, 1997, pages 473-478; Ott, 2001; Torres and Repke, 2006]. If the production of bufotenine contributes to the stimulus effects of 5-MeO-DMT, we would predict, based on our previous observation that serum levels of bufotenine are 60% higher in Tg-CYP2D6 mice as compared with wild-type controls [Shen et al., 2010], that humanized mice would be more sensitive to 5-MeO-DMT. Based upon our acquisition data, this appears not to be the case. This conclusion in no way negates the hypothesis that bufotenine is pharmacologically active upon reaching the brain. Indeed, the intermediate results seen in Fig. 1 for the more lipid soluble acetylbufotenine suggest greater activity for this drug in mice trained with 5-MeO-DMT and we have also observed an intermediate degree of substitution by acetylbufotenine for psilocybin in rats trained with the latter drug [Winter and Yu, unpublished]. A definite answer might be provided by [1] the training of acetylbufotenine as a discriminative stimulus and [2] the demonstration that acetylbufotenine is converted into bufotenine in brain.

In Fig. 2A and B it is seen that the combination of harmaline with 5-MeO-DMT results in an increase in 5-MeO-DMT-appropriate responding in both wild-type and Tg-CYP2D6 mice. Thus, for example, the addition of 0.1 mg/kg harmaline to a dose of 5-MeO-DMT of 0.1 mg/kg yields a statistically significant increase in both groups. However, interpretation of the data is confounded by the fact that harmaline alone at a dose of 0.1 mg/kg is followed by 5-MeO-DMT-appropriate responding of 29% and 43% in wild-type and Tg-CYP2D6 mice, respectively. Indeed, in Tg-CYP2D6 mice, the responding following harmaline is statistically significantly different from vehicle.

The simplest explanation for a potentiating effect of harmaline on the stimulus effects of 5-MeO-DMT is that harmaline acts to inhibit mono amine oxidase thus decreasing the inactivation of 5-MeO-DMT. Indeed, we have observed highly significant increases in serum levels of both 5-MeO-DMT and bufotenine following the administration of 5-MeO-DMT in combination with harmaline [Shen et al., 2010a,b]. However, prior to the demonstration by Udenfriend et al. [1958] of the MAOI properties of harmaline, a variety of effects of harmaline were reported which, in retrospect, are quite possibly unrelated to



**Fig. 2.** A Interactions with harmaline in WT mice. Dose–response relationship for 5-MeO-DMT alone and in combination with harmaline. Circles represent the effects of 5-MeO-DMT alone in rats trained with 5-MeO-DMT as a discriminative stimulus [mg/kg; 15 min pretreatment time]. Squares represent the effects of 5-MeO-DMT in combination with harmaline [0.1 mg/kg; 20 min pretreatment time]. Each point represents the mean of 2 determinations in each of 5 mice with the exception of the training dose where the mean of 6 determinations in each of the subjects is shown. The asterisk indicates a statistically significant difference between 5-MeO-DMT alone and in combination with harmaline [paired t-test; P = 0.047]. The point H on the abscissa is for harmaline alone at a dose of 0.1 mg/kg. *Ordinate: upper panel:* percent 5-MeO-DMT-appropriate responding. Lower panel: rate expressed as responses per minute. *Abscissa:* dose plotted on a log scale. B Interactions with harmaline in Tg-CYP2D6 mice. Each point represents the mean of 6 determinations in each of the training dose where the mean of 6 determinations in each of the subjects is shown. The asterisk indicates a statistically significant difference between 5-MeO-DMT appropriate responding. Lower panel: rate expressed as responses per minute. *Abscissa:* dose plotted on a log scale. B Interactions with harmaline in Tg-CYP2D6 mice. Each point represents the mean of 2 determinations in each of the subjects is shown. The asterisk indicates a statistically significant difference between 5-MeO-DMT alone and in combination with harmaline [paired t-test; P < 0.001]. The ampersand indicates a significant difference from both training conditions. All other details are as in Fig. 2A.

inhibition of MAO. Most notable among these are tremorigenic actions as reported by Lewin [1928]: Gunn [1935], and others. In a more recent example, we observed that, while the MAOI effects of harmaline, as indicated by the potentiation of the effects of tryptamine, persist for several hours in the rat, suppression of operant responding by harmaline is absent after 1 h [Winter, 1971]. Directly indicative of the psychoactivity of harmaline are reports in human subjects [Shulgin and Shulgin, 1997] and the fact that it can be trained as a discriminative stimulus in the rat where it partially generalizes to the phenethylamine hallucinogen, DOM [Grella et al., 1998]. In our laboratories we observed that the stimulus effects of ibogaine, a naturally occurring psychoactive drug purported to be useful in the treatment of opiate addiction, generalize fully to harmaline [Helsley et al., 1997; Helsley et al., 1998]. Furthermore, we have observed in rats trained with harmaline that LSD substitutes completely but clorgyline, a classic MAO inhibitor, at a range of doses up to and including a fully rate-suppressant dose does not [Winter and Yu, unpublished]. Taken together, these facts strongly suggest that harmaline per se is psychoactive and that these effects may be independent of inhibition of MAO.

## 5. Conclusions

The present investigation has demonstrated stimulus control by 5-MeO-DMT in both wild-type and *Tg-CYP2D6* mice. The groups did not differ in sensitivity to the rate depressant effects of 5-MeO-DMT. Furthermore, the groups did not differ in their responses to the administration of either bufotenine or acetylbufotenine in that the former was without 5-MeO-DMT-like stimulus effects while the latter yielded intermediate effects. In both groups of mice, harmaline was found to increase the stimulus effects of an intermediate dose of 5-MeO-DMT, an effect consistent with activity as a mono amine oxidase inhibitor. However, previous findings as well as the present data suggest that harmaline possesses psychoactive properties in addition to inhibition of mono amine oxidase.

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